



Preventive Steps to 5 Goals Differential.

The *preventive steps to five goal differential* is implemented to avoid giving any teams the ability to RUN up the score and to keep the scrimmages as friendly as possible. As such all players will be able to participate and have fun. It is imperative that all coaches in the Central Islip Soccer Club follow this rule at home or away.

As a coach you should know your players strengths and weaknesses.

Never yell out **DO NOT** score or any type of negative statement to your players.

Follow these preventive steps to avoid a 5 goals differential:

1. Switch your stronger players with your non-dominating players after a 4-0 lead. **Stronger players are not allowed back on the field until step 6, 7 or 8 is executed.**
2. Ensure that no one player scores more than three goals in a game.
3. Put restrictions on your players such as 4-touch passing, less aggressive and no scoring or bluntly kick the ball out of bound after a 5-0 lead until other team scores a goal. **Any player that violates this rule must be benched for the remainder of the game.**
4. Play down 1 player with goalie to allow the other team to reduce goal differential.
5. Play down 1 player and remove your goalie to allow the other team to reduce goal differential.
6. Play down 2 players with goalie to allow the other team to reduce goal differential. Put your stronger players as defenders
7. Play down 2 players and remove your goalie to allow the other team to reduce goal differential. Put your stronger players as defenders
8. Remove your goalie and play with a full team if desired, to allow the other team to reduce goal differential. Put your stronger players as defenders

Stronger player means “the player with the most goals or skilled players”

The final score could be higher than a 5 goal spread differential as long as you did all of the above. **At all times make sure your intentions are relayed to both the Referee and to the other Coach so no misunderstanding of the scrimmage conditions come about.**

If your score differential is 5 or more or any incident occurred during a game, the “Game Evaluation Report” and “Referee Report” must be filled out at both

S.S.I. website <http://www.suffolksoccer.org/SSI-GameEvaluation-Incident.html> and

C.I.S.C. website <http://www.centralislipsoccer.org/Linkview.php?id=40>