

Before leaving home check list:

- Referee Jersey
- Black Shorts
- Black Socks
- Watch
- Whistle
- Coin
- Water Bottle (s), Snacks
- Ball pump, if you have one
- Notebook and pencil
- Sunscreen
- Towel, sandals or shoes to wear after, when raining
- Large plastic bag to cover bag when raining
- Review Rules at CISC website
- Review SSI Rules at SSI web Site

Duration of game and rules modification:

Be sure to review the rules matrix for any rule modifications applicable to the age group.

Be prepared for the weather

Note: Try to wear outer clothing when going to the game and then display uniform at the field. Remember uniform must be worn on the outside with black shorts and black socks.

On cold and rainy weather, full sleeve undershirt or jacket can be worn underneath the uniform.

Arrive 10 min before game time. Warm up and stretch on the field.

Check field:

Make sure that Goals and nets are secure (secured with sand bags, have coaches repair if necessary). Ensure the field is marked properly and that there are no hazards, holes or debris. For intramural games both teams are responsible for field conditions. For Inter-town games Home team is responsible for the field.

If the field has standing water or is muddy that your feet sink in. Contact the assigned Club Officer who is in charge of the fields.

Report any field problems to Officer of The Day

Introduce yourself to coaches:

Please verify:

- Teams (home and away)
- No conflicting colors, including referees and goal keeper jerseys
- Start time
- Duration of game
- Length of half time intermission is 5 minutes
- Any rule modifications such as substitutions and direct kicks.

AT ALL INTER-LEAGUE GAMES REFEREE MUST CHECK PLAYER & COACHES PASSES. NO PASS = NO PLAY

Check player's equipment:

- Cleats
- Shin Guards
- Uniforms – **tucked in shorts**
- Keeper can wear slacks
- On cold days, players can wear jackets underneath uniform

(NO Jewelry or ear studs)

Ask for game ball and spare if needed:

Check for proper inflation

Captains' instructions and coin toss.

Visiting team calls it. Winner chooses side or to kick off. If the winner chooses to kick off, the losing team has the choice of sides.

Complete online Game Report at

www.centralislipsoccer.com

Any Cards (Red/Yellow) issued in a Inter-league match must be reported with the details describing the issuance of the card